

Seeing the Sabbath In the Story

Genesis 2

- ² And on the seventh day God ended His work which He had done, and He rested on the seventh day from all His work which He had done.

Examining “Rest”

- Strong's Hebrew 7673
- Shabbath
- Occurs 71 Times in the OT

Typology of Rest

- Exodus 5: 4 Then the king of Egypt said to them, “Moses and Aaron, why do you take the people from their work? Get *back* to your labor.” 5 And Pharaoh said, “Look, the people of the land *are* many now, and you make them rest from their labor!”

Manna and the Rest

Exodus 16: ²² And so it was, on the sixth day, *that* they gathered twice as much bread, two omers for each one. And all the rulers of the congregation came and told Moses. ²³ Then he said to them, “This *is what* the LORD has said: ‘Tomorrow *is* a Sabbath rest, a holy Sabbath to the LORD. Bake what you will bake *today*, and boil what you will boil; and lay up for yourselves all that remains, to be kept until morning.

10 Commandments

- Exodus 20: 8 “Remember the Sabbath day, to keep it holy. 9 Six days you shall labor and do all your work, 10 but the seventh day *is* the Sabbath of the LORD your God. *In it* you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who *is* within your gates.

Connection Back to Genesis

- 11 For *in* six days the LORD made the heavens and the earth, the sea, and all that *is* in them, and rested the seventh day. Therefore the LORD blessed the Sabbath day and hallowed it.

Joel Garver, Biblical Horizons 1993

- We can begin by trying to think how the original creation week was divided and use that as the outline for examining Exodus 24-30. (Tabernacle Construction)

Exodus 31 Ends With a Sabbath Reminder

- ¹⁷ It *is* a sign between Me and the children of Israel forever; for *in* six days the LORD made the heavens and the earth, and on the seventh day He rested and was refreshed.’ ”

The Land was to Rest

- Leviticus 25: 2 “Speak to the children of Israel, and say to them: ‘When you come into the land which I give you, then the land shall keep a sabbath to the LORD. 3 Six years you shall sow your field, and six years you shall prune your vineyard, and gather its fruit; 4 but in the seventh year there shall be a sabbath of solemn rest for the land, a sabbath to the LORD. You shall neither sow your field nor prune your vineyard.

2 Chronicles 36

- ²⁰ And those who escaped from the sword he carried away to Babylon, where they became servants to him and his sons until the rule of the kingdom of Persia, ²¹ to fulfill the word of the LORD by the mouth of Jeremiah, until the land had enjoyed her Sabbaths. As long as she lay desolate she kept Sabbath, to fulfill seventy years.

- They relied on their own WORK instead of enjoying the REST and refreshing provided by God.

Solomon the Man of Rest

- 1 Chronicles 22: 9 ⁹ Behold, a son shall be born to you, who shall be a man of rest; and I will give him rest from all his enemies all around. His name shall be [\[b\]](#)Solomon, for I will give peace and quietness to Israel in his days.

Mordecai and Esther Provide Rest

- Esther 9: ¹⁶ The remainder of the Jews in the king's provinces gathered together and protected their lives, had rest from their enemies, and killed seventy-five thousand of their enemies; but they did not lay a hand on the plunder.

The Work/ Labor Goes From Physical to Spiritual

- Matthew 23: 4 ⁴ For they bind heavy burdens, hard to bear, and lay *them* on men's shoulders; but they *themselves* will not move them with one of their fingers. ⁵ But all their works they do to be seen by men.

Matthew 11

- ²⁸ Come to Me, all *you* who labor and are heavy laden, and I will give you rest. ²⁹ Take My yoke upon you and learn from Me, for I am [f]gentle and lowly in heart, and you will find rest for your souls. ³⁰ For My yoke *is* easy and My burden is light.”

- Old Covenant- Labor, Work,
Bondage Death
- New Covenant- Rest,
Freedom, Life

The Gospel In the Sabbath

- John 9: 4 I[[a](#)] must work the works of Him who sent Me while it is day; *the* night is coming when no one can work

Paul's Day and Night Theme

- Romans 13: ¹¹ And *do* this, knowing the time, that now *it is* high time to awake out of sleep; for now our salvation *is* nearer than when we *first* believed. ¹² The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light.

- ¹³ Let us walk [c]properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. ¹⁴ But put on the Lord Jesus Christ, and make no provision for the flesh, to *fulfill its* lusts.

- Sabbath Day was fast approaching. To observe that day was to be in Christ.
- Romans 10: 4 ⁴ For Christ *is* the end of the law for righteousness to everyone who believes.

Christ Superiority Over the Sabbath

- Typically agreed that Jesus healed at least 7 times on the Sabbath.
- Pool of Bethesda, Man With withered hand, Crippled Woman, Blind and Mute Man, Man with Dropsy, Woman with the infirmity, Man born blind

Matthew 12: 8

- 8 For the Son of Man is Lord [b]even of the Sabbath.”

Eschatological Context of the Sabbath

- Hebrews 4: Therefore, since a promise remains of entering His rest, let us fear lest any of you seem to have come short of it. ² For indeed the gospel was preached to us as well as to them; but the word which they heard did not profit them, [[a](#)]not being mixed with faith in those who heard *it*.

- ⁶ Since therefore it remains that some *must* enter it, ⁸ For if [\[b\]](#)Joshua had given them rest, then He would not afterward have spoken of another day. ⁹ There remains therefore a rest for the people of God. ¹⁰ For he who has entered His rest has himself also ceased from his works as God *did* from His.

Couple Observations

- They had entered that rest when they came to Christ.
- They had not yet fully entered the rest (sabbath).
- The Rest would come when the kingdom comes in full (70ad) and the enemies are placed under foot.

- Discuss 2nd Exodus
Imagery and Canaan as
Place of Rest dwelling with
God

- ⁴ For He has spoken in a certain place of the seventh *day* in this way: “And God rested on the seventh day from all His works”; ⁵ and again in this *place*: “They shall not enter My rest.”

- In some way or another the rest promised in Hebrews (Which most preterists connect to AD70) connects back to Genesis 2.

Approach #1

- God Created and Rested
- After the Curse God goes back to work ultimately pointing to a New Rest.
- That New rest comes in Christ, and the fullness of that comes at the fulfillment of the law in ad70.

- If the work that was completed in ad70 leads to a spiritual rest, why then would the initial rest in Genesis 2 not have been the same in nature?

- In other words, If the sabbath is part of reversing the effect of what “the fall/ Adam” caused, then does this not necessitate the purpose of what the rest was in the beginning?

Paradise Lost

- An Upright covenant man enjoying the fellowship and presence of God. But now in Christ a better covenant and rest is found, and this rest can never be lost.

Approach # 2

- Genesis 1 and the early portion of Genesis 2 is prophetic, ultimately pointing to the AD70 rest found in Christ and the kingdom.

What I am 100% Sure Of

- Those who came to Christ in the first century came to Christ for rest.
- The Fullness of that rest Does not come until AD70.
- The Kingdom and the fullness of that rest CAME in AD70.

Where is the Rest?

- Point of Grace- Kicking up dust
Heaven or bust
We're headed for the promised land
Since the moment we believed we've
been eager to leave
Like a child tugging Daddy's hand

Who Entered the Rest in AD70

Hebrews 11: 39 And all these, having obtained a good testimony through faith, did not receive the promise, 40 God having provided something better for us, that they should not be made perfect apart from us.

- The Living and the dead enter the rest at the same time. Therefore, the emphasis of the rest is not about one's location, but rather their position before God.

- Hebrews 4: 11 ¹¹ Let us therefore be diligent to enter that rest,

Have We Misunderstood This Verse?

- Revelation 14: 3 Then I heard a voice from heaven saying [i]to me, “Write: ‘Blessed *are* the dead who die in the Lord from now on.’ ”
- “Yes,” says the Spirit, “that they may rest from their labors, and their works follow them.”

Is it possible....

- The spiritually dead who die in/ with Christ enter the rest.

Ephesians 2

- And you *He made alive*, who were dead in trespasses and sins,

Dying In the Lord

- Galatians 2: 20 ²⁰ I have been crucified with Christ; it is no longer I who live, but Christ lives in me
- Romans 6: ³ Or do you not know that as many of us as were baptized into Christ Jesus were baptized into His death? ⁴ Therefore we were buried with Him through baptism into death, that just as Christ was raised from the dead by the glory of the Father, even so we also should walk in newness of life.

What Does It Mean they Rest From their labors?

- Genesis 3: 7 Then the eyes of both of them were opened, and they knew that they *were* naked; and they sewed fig leaves together and made themselves [[b](#)]coverings.

Works of the Law

- Galatians 3: O foolish Galatians! Who has bewitched you [a]that you should not obey the truth, before whose eyes Jesus Christ was clearly portrayed [b]among you as crucified? ² This only I want to learn from you: Did you receive the Spirit by the works of the law, or by the hearing of faith? ³ Are you so foolish? Having begun in the Spirit, are you now being made perfect by the flesh?

Rest Only Comes Once the Enemies Are Defeated

- One of the Most quoted and alluded Old Testament scriptures is Psalm 110 where the enemies are placed under foot.
- One Purpose of the millennial reign is to put down these enemies so God's people can have rest.

- Psalm 110: 2 The LORD shall send the rod of Your strength out of Zion.
Rule in the midst of Your enemies!

1 Corinthians 15

- ²⁵ For He must reign till He has put all enemies under His feet. ²⁶ The last enemy *that* will be destroyed *is* death.
- ⁵⁶ The sting of death *is* sin, and the strength of sin *is* the law. ⁵⁷ But thanks *be* to God, who gives us the victory through our Lord Jesus Christ.

- So, if the Sabbath is fulfilled in Christ, how do I enter that rest?